

OUR NEIGHBOURHOOD BREAKFAST

GOOD MORNING

We source our ingredients locally to give you the best and freshest taste of our neighbourhood.

Our fruit and veg are sourced from Covent Garden Market, which dates back to medieval times when the Abbey of Westminster owned Covent Garden.

HOT DISHES

HEALTHY DISHES

<p>Full English Breakfast £7.50 2 Free-range fried eggs, Cumberland sausage, back bacon, chestnut mushrooms, freshly grilled tomatoes, baked beans and toasted sourdough bread</p>	<p>Fresh Fruit and Honey Pancakes(v) £5.50 Three buttermilk pancakes, fresh fruit, crème fraiche, honey</p>
<p>Vegetarian Breakfast (v) £7.50 2 Free-range fried eggs of your choice, spinach, chestnut mushrooms, freshly grilled tomato, baked beans and toasted sourdough bread</p>	<p>Smashed Avocado with Poached Egg (v) £6.50 Crushed avocado on toasted sourdough, 1 free-range poached egg, baby watercress</p>
<p>Eggs Benedict £6.50 2 Free-range poached eggs on toasted muffins with hollandaise sauce, serrano ham</p>	<p>Porridge (v) £4.75 Fruit compote or honey or fresh fruits</p>
<p>Eggs Royale £6.50 2 Free-range poached eggs on toasted muffins with hollandaise sauce, salmon</p>	<p>Granola and Natural Yogurt £4.50 Granola, yogurt, mix fruit compot</p>
<p>Eggs Florentine £6.50 2 Free-range poached eggs on toasted muffins with hollandaise sauce, spinach</p>	<p>Healthy Omelette £7.50 3 Eggs, avocado, spinach, mushrooms, cherry tomatoes</p>
<p>Eggs on Toast (v) £5.75 2 Free-range eggs any style on toasted sourdough bread, extra vegetables upon request</p>	<p>Mixed light breakfast £4.50 2 pastries, fruit salad, natural yogurt</p>

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| <p>1. <i>Freshly baked Croissant, butter & jam</i> £2</p> <p>2. <i>Selection of cheese</i> £2</p> <p>3. <i>Selection cold meat</i> £2.50</p> <p>4. <i>Toasted bread, butter and jam</i> £2</p> | <p>5. <i>Choice of Cereals</i> £3</p> <p>6. <i>2 Boiled eggs on toasted bread</i> £3.50</p> <p>7. <i>Fruit bowl</i> £3.50</p> |
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Allergen menus are available – please ask. Gluten free bread available on request.

All prices include VAT of 5%.

OUR NEIGHBOURHOOD BREAKFAST

OUR BEVERAGES

Fresh Orange Juice & Apple Juice £2.85

Tomato Juice, Cranberry Juice, Pineapple Juice, Grapefruit Juice £2.55

Fresh smoothies from £3.75

Cappuccino £2.95

Latte £2.95

Single Espresso £2.55

Double Espresso £2.65

Macchiato £2.45

Americano £2.75

Hot Chocolate £2.95

Selection of Teas £2.65

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